Imagine being made to feel like crap just for being left handed.

Okay, that's hard to imagine? But being lesbian, gay, bi, trans or intersex is no different to being born left handed, it's just who you are. So stop and think because the things we say are likely to cause depression and anxiety. And that really is pretty crap.

Go to lefthand.org.au to watch the video.

#StopThinkRespect
WHY SHOULD I BE MADE TO FEEL LIKE CRAP FOR JUST BEING WHO I AM?

SEE WHAT OTHER LGBTI PEOPLE THINK AT REALLIFESTORIES.ORG.AU

Because of the things people say and do, LGBTI people are far more likely to experience depression and anxiety. If you feel like crap and need to talk about it beyondblue can help.

CALL CONFIDENTIALLY ANYTIME ON 1300 22 4636 #StopThinkRespect